

Fun 'n' Games

Lots of fun ways to get the two hands busy working together!

www.research.ncl.ac.uk/hemiplegiaresearch-fungames

A new website for children with hemiplegia and their families!

Recent research tells us that lots of frequent practice improves children's ability to use both arms and hands. Spending some time every day doing two-handed activities is ideal.

Play and leisure time provides a good opportunity to do this and it helps if what you do is fun!



We have made this website to share lots of ideas to practise difficult hand and arm movements using a selection of toys and games.



You can view/download/print lots of illustrated instruction sheets – just visit:

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Dr Anna Basu, NIHR Career Development Fellow & Honorary Consultant Paediatric Neurologist; [@FUNnGames4HCP](https://twitter.com/FUNnGames4HCP)
Janice Pearse, Senior Research Occupational Therapist; Emma Kirkpatrick, Research Trial Manager

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